Social Services

EPIC One-stop Consultation Desk for Foreigners

This is a good place to start if you have a question or need help. They can direct you to where you can get the help you need. Service available in more than 20 languages using a translation service in a 3-way call. You can call the following number or go to EPIC in person. Check the website for more information: https://www.epic.or.jp/kurasu/sodan.html#SEC1

Tel. 080-4783-5253
Monday—Saturday 9:00 – 17:00



Free Legal Consultation Service

Certified administrative procedures legal specialists (*gyouseishoshi*) are offer free 30-minute consultation services to non-Japanese on various matters such as residency, nationality, marriage, owning a vehicle, contracts, and setting up a business.

This service is supported by the Matsuyama International Center (MIC). To make an appointment, please complete the consultation form by 4:00 pm the Sunday before. The form is available at MIC. Your privacy will be protected.

Date: Nov. 11, Dec. 9 (Wed.) 13:30-15:30
Place: COMS 4F International Meeting Room
For more information email MIC at mail@mic.ehime.jp or call 089-943-2025.

MIC Volunteers

Do you need help and some language support to apply for a driver's license, or deal with official documents? MIC Volunteers (formerly called Otasukeman), a service of the Matsuyama International Center, will help you if you are having trouble managing your life in Matsuyama. The service is free, but you will be expected to pay for transportation. Your privacy will be respected, and only the person who helps you will be given the details of the kind of help you need.
You can request their services by calling MIC at 089-943-2025 between 9:00 and 17:30 Tuesday through Sunday. Or fill out the request form here:
https://www.mic.ehime.jp/MIC/FORM/Applyform_otasukeman.html?subject=I%20need%20OTASUKEMAN%20!!

Japan Life Guide

The Council of Local Authorities for International Relations "Japan Life Guide" app has basic information concerning such topics as taxes, pension system, for foreign residents in Japan in English, Chinese, Korean, Spanish, Portuguese, Tagalog, Vietnamese, Indonesian, Thai, German, Russian, Japanese (with Japanese syllabaries/furigana) and Simple Japanese are available. You can use this app as an everyday guide as well as in times of disaster.
http://www.clair.or.jp/e/multiculture/index.html

Bicycle Insurance/Registration

It is strongly recommended that you get the Traffic Safety (TS) Mark bicycle insurance. TS Mark insurance covers:

1) Liability (harm or damage to another person or property)
2) Accidents (harm or damage to yourself or your property)

To get a TS Mark sticker, have your bicycle checked for safety at a bicycle shop. Don't forget to have it checked every year.
Cost: ¥2000-¥3000 (TS Mark insurance is included.)

In Japan bicycles are registered in your name when you buy one. It sometimes gives you a bicycle you should have the registration changed to your name or the previous owner should give you the registration document and a note saying you can use it. Otherwise, if you are stopped by the police they will think it is a stolen bicycle.

Basic bicycle rules are shown in a video on the Yui Ehime YouTube Channel:
https://www.youtube.com/@yuiehime

Yui Ehime YouTube Channel

Yui Ehime has a new YouTube channel, Yui Ehime, and has updated its three videos about cycling rules, garbage rules and riding a bus. Check them out!
Here is the new Youtube address: https://www.youtube.com/@yuiehime

Matsuyama City Central Library

The Central Library in the Community Center has a large English book section. You can register for a free library card in English. The 2nd floor Audio/Visual section has movies in English.
They now have a 'Multicultural Corner' with a Japan (learning about the culture and language) section, a foreign language periodical section and a multicultural coexistence section. At the counter they have an English guide sheet to help you find what you want.

Open 9:30-20:00 Closed Nov. 2, 9, 16, 27 & 30. INFO 089-943-8008

The Association of Foreign Wives of Japanese

AFWJ aims to provide friendship, support and opportunities for social, emotional, educational and professional growth to non-Japanese women who are married or engaged to Japanese men.
INFO: afwjshikoku-rep@afwj.org, Website: www.afwj.org

Seeing a Doctor in Japan

The Yui Ehime Support Medical (YES-Med) has made a video to show you the process of seeing a doctor in Japan. It provides basic information on where to go and what you need to take with you and the process so that you can manage by yourself if necessary. The video is located in the Yui Ehime YouTube channel:
https://www.youtube.com/watch?v=VbOfsBC2uq4&t=14s

If you would like someone to help you when you go to see a doctor, please see the information below.



AMDA International Medical Information Center

AMDA Medical Information Center

This is a free telephone service offered in 10 languages from 10:00am to 3:00pm, Monday through Friday. It provides consultation on medical matters and interpretation at medical sites. Reservations are necessary.
https://www.amdamedicalcenter.com/activities