

TV MOVIES July 2026

NHK BS Premium

Morning Movie Theater

Jul.	8	ON THE WATERFRONT	1954	U.S.A.	9:30-11:19
	9	IT HAPPENED ONE NIGHT	1934	U.S.A.	9:30-11:17
	10	THE SHINING	1980	U.S.A.	9:30-11:55

Daytime Movie Theater

Jul.	2	THE TROUBLE WITH HARRY	1955	U.S.A.	13:00-14:40
	3	THE CIMARRON KID	1951	U.S.A.	13:00-14:25
	4	CIVIL WAR	2024	U.S.A./ England	13:00-15:50
	5	SUPERMAN	1978	U.S.A.	13:00-16:24
	6	DAS BOOT	1981	West Germany	13:00-15:30
	7	SPIDER -MAN HOMECOMING	2017	U.S.A.	13:00-15:15
	9	TOPAZ	1969	U.S.A.	13:00-15:07
	10	HIGH PLAINS DRIFTER	1973	U.S.A.	13:00-14:46
	13	WORLD WAR Z	2013	U.S.A.	13:00-14:57
	14	SPIDER-MAN FAR FROM HOME	2019	U.S.A.	13:00-15:11
	15	THELMA & LOUISE	1991	U.S.A.	13:00-15:11
	16	THE OLD MAN AND THE SEA	1958	U.S.A.	13:00-14:28
	17	TWO MULES FOR SISTER SARA	1970	U.S.A.	13:00-14:28
	20	THE MEG	2018	U.S.A.	13:00-14:55
	21	SPIDER-MAN NO WAY HOME	2021	U.S.A.	13:00-14:54
	22	THE BIG RED ONE	1980	U.S.A.	13:00-15:29
	24	NORTH TO ALASKA	1960	U.S.A.	13:00-14:54
	27	THE UNTOUCHABLES	1987	U.S.A.	13:00-15:00
	28	EMPIRE OF THE SU	1987	U.S.A.	13:00-15:34
	29	THE LEGEND OF 1900	1998	U.S.A./ Italy	13:00-15:02
	30	WON TON TON, THE DOG WHO SAVED HOLLYWOOD	1976	U.S.A.	13:00-14:33
	31	TELL THEM WILLIE BOY IS HERE	1969	U.S.A.	13:00-14:39

Night Movie Theater

Jul.	18	STAR TREK	2009	U.S.A.	21:00-23:08
	25	STAR TREK INTO DARKNESS	2013	U.S.A.	21:00-23:14

NHK Regular Bilingual Programs

NHK E tele (Educational TV) (Channel 2)

WELCOME TO DOCLAND (6/26 day off)	23:00-23:50	Fridays
BLUEY	08:10-08:35	Saturday
CURIOUS GEORGE	08:35-09:00	Saturdays
THOMAS & FRIENDS	17:25-17:45	Saturdays
THE LADY GRACE MYSTERIES (from 7/5)	17:25-17:50	Sundays
SPONGE BOB SQUARE PANTS	17:55-18:20	Saturdays
DRAMATIC EARTH	19:00-19:45	Saturdays
THE GREAT BRITISH BAKE OFF 6	22:00-22:30	Saturdays

NHK General TV (Channel 1)

NEWS	18:00-18:10	Mon-Fri
NEWS	18:00-18:05	Sat-Sun
NHK NEWS 7	19:00-19:30	Mon-Sun
NEWS WATCH 9	21:00-22:00	Mon-Fri
SATURDAY WATCH 9	21:00-22:00	Saturdays
CATCH WORLD TOP NEWS (Tere are a lot of days off for the news program)	10:05-10:55	Mon-Fri
DOC-NELLE TUE MANI (from 6/7)	23:00-23:50	Sundays
GRAND SUMO (from 7/12 to 7/26)	15:55-18:00	Sundays
WIMBLEDON (from7/1 to 7/12)	23:45-27:10	

