

Be Prepared for an Earthquake

A large earthquake, called the Nankai Trough, is said to have a 80% chance of occurring in the next 20-30 years. This is scary, but to avoid panic, the best way to prepare for an earthquake or other natural disaster is to know what to do. Here are the very basic guidelines for an earthquake.

1. Download the apps below and become familiar with information provided.
2. Find the evacuation center closest to where you live. It is often a school.
3. Secure furniture to the wall where you live so it will not fall on you.
4. Prepare an emergency bag. You can buy one in stores such as DMC and online.
5. Prepare emergency contact information for family members.
6. Be prepared to take care of yourself, and help others if you can. It can take up to 5-6 days for emergency services to start up.

An earthquake will last maybe a minute or so. It is important to protect your head. After the shaking stops, decide whether you need to go to an evacuation center or not. Don't forget to wear shoes.

Ehime Disaster Prevention and Crisis Management

This site provides information for Ehime in the event of a natural disaster. Information regarding evacuation, transportation, etc. is provided. It is highly recommended that you download this site on your phone and familiarize yourself with the contents. You can change the language to English, Bahasa Indonesia, Spanish, Portuguese, Tagalog, Vietnamese, Korean, Chinese (simplified and traditional). For English, click on 英語. An X (Twitter) account and email function are included.

<https://ehime.my.salesforce-sites.com/#>



Matsuyama City Disaster Management and Prevention Guidebook

Matsuyama City has prepared a comprehensive guide for disaster preparedness in English, Korean and Chinese. It has maps showing projected earthquake intensity in the Matsuyama area and tells what to expect when there is a disaster and what services will be available. Go to this site to download the 3 sections for the area you live: 1) information on various disasters and how to prepare, 2) hazard maps and 3) what to do when a disaster occurs. It is a lot of information, but it is worth taking the time to go through it. This site provides real time information when a disaster occurs in the Matsuyama area it is similar to the one for Ehime Prefecture above.

<https://city-matsuyama.my.salesforce-sites.com/>



Emergency and Crisis Management

The Ehime Prefecture International Center website provides general information on what to do in case of a fire, accident or illness with related vocabulary. Basic directions for responding to a disaster are also included. Click on the website and scroll down to the 'Emergency Card' section. Keep this information easily accessible by downloading it on your phone.

Languages: Japanese, English, Korean, Chinese (simplified and traditional), Indonesian, Vietnamese, Portuguese, Burmese, and Khmer.

<http://www.epic.or.jp/kurasu/disaster.html>