

## Catholic Mass

Mass in English is held every other week from 15:00 at the Catholic Matsuyama Church at Sanbancho 4-5-5. Tel. 089-921-1849

## Worship at the Fukuin Center

July 7, 14, 28 9:00-10:45 Regular Sunday Service

July 21 13:30-14:45 Worship in English

Matsuyama Fukuin Center, Heiwa-dori 1-6-6

Tel: 089-925-1008 <http://bit.ly/2LugPBV>

You are most welcome!

Please check our website.



## Matsuyama Islamic Culture Center

Prayers are held 5 times every day and Islamic *dakwah* activities such as daily reading of Hadist, weekly Qur'an Recitation for Adults (*Usroh*) and weekly recitation for kids (Kids Program), also Halal meat, and an Islamic book library are available.

Facebook : <https://www.facebook.com/groups/matsuyamamicc>

Email: [matsuyamamuslim@gmail.com](mailto:matsuyamamuslim@gmail.com)

Contact Person: Dede Falahudin

Place: Hinode-machi 5-18, Matsuyama 790-0961

Phone: 070-4455-5864

## Japan Association of Language Teachers (JALT)

### Developing an English speaking anxiety questionnaire: Face-to-face vs. Online

Emily Choong, Utsunomiya University

Speaking English as a foreign language is considered a priority, yet it is a daunting task for many English language learners (Wang, 2021; Maher & King, 2022). This induces speaking anxiety and hinders learners from performing in the classroom. Despite efforts to develop strategies to reduce anxiety levels, the diverse classroom formats pose challenges in identifying where students experience speaking anxiety. In Japan, the anxiety levels between face-to-face and online classes remain under-researched. Therefore, a questionnaire was developed to investigate Japanese undergraduates' speaking anxiety in face-to-face and online learning contexts. The presenter will share how the questionnaire was developed from past literature, how the questions were designed to focus on the learners' experiences, and the findings of the questionnaire. Educators who are interested in learning more about their students and how to create low-anxiety classroom environments are welcome to participate.

Sunday, July 21, 2024 14:00-16:00

**Zoom link:**

<https://us06web.zoom.us/j/81165035602?pwd=aqXG9B3ZudpMflIzaD9HubRbVKCb4.1>

**Meeting ID:** 811 6503 5602

**Passcode:** 421906

JALT members: free

One-day members: ¥1000

*Note: If you are planning to join online as a one-day member, please pay the fee to the following bank account:*

*Shinsei bank*

*Account number: 400 1656054 (柳在熙 Jaehhee Ryu)*

*Branch: 本店 (Head office),*

*Account type : 普通 (Saving account)*

JALT website: <https://sites.google.com/view/matsuyamajalt/>

Inquiries: Junko Yamamoto [matsuyamajaltpublicity@gmail.com](mailto:matsuyamajaltpublicity@gmail.com)

Endorsements: Matsuyama City; Matsuyama City Board of Education

## Matsuyama Toastmasters Club

Matsuyama Toastmasters Club is a non-profit, international organization for improving communication and leadership skills. We practice public speaking in English and Japanese. Visit us 3 times for free to see if Toastmasters is for you.

[www.matsuyama.toastmastersclubs.org](http://www.matsuyama.toastmastersclubs.org)

July 14 (Sun.) 13:30-15:00 at COMs

July 27 (Sat.) 19:00-20:30 on Zoom

Zoom: <https://zoom.us/j/4156790322>

## Wondering Who and How to Help ?

With the many wars and disasters that have occurred even in the past few months, it may be difficult to choose who and how to help. One idea is Doctors Without Borders. A contribution goes almost entirely to funding the activities of the medical staff and they respond to need all over the world. Check this website for more information on how you may contribute.

<https://www.doctorswithoutborders.org/get-involved/ways-to-give>

The Red Cross is also a world-wide organization. Information for making a donation to the Red Cross is here:

<https://www.redcross.org/donations/ways-to-donate.html>

If you have other suggestions, please let us know.