

### Catholic Mass

Mass in English is held every other week from 15:00 at the  
Catholic Matsuyama Church at Sanbancho 4-5-5. Tel. 089-921-1849

### Worship at the Fukuin Center

June 2, 16, 30 9:00-10:45 Regular Sunday Service

June 9 10:00-12:00 Sunday Service

June 23 13:30-14:45 Worship in English  
Matsuyama Fukuin Center, Heiwa-dori 1-6-6

Tel: 089-925-1008 <http://bit.ly/2LugPBV>

You are most welcome!

Please check our website.



### Matsuyama Islamic

#### Culture Center

Prayers are held 5 times every day and Islamic *dakwah* activities such as daily reading of Hadist, weekly Qur'an Recitation for Adults (*Usroh*) and weekly recitation for kids (Kids Program), also Halal meat, and an Islamic book library are available.

Facebook : <https://www.facebook.com/groups/matsuyamamicc>

Email: [matsuyamamuslim@gmail.com](mailto:matsuyamamuslim@gmail.com)

Contact Person: Dede Falahudin

Place: Hinode-machi 5-18, Matsuyama 790-0961

Phone: 070-4455-5864

### Japan Association of Language Teachers (JALT)

#### 1. Productivity for foreign language teaching professionals.

#### 2. What can JALT do for you? What can you do for JALT?

Julie Kimura, Mukogawa Women's University

#### 1. Productivity for foreign language teaching professionals

Foreign language instructors have great demands on their time. Most demands fall into three main categories: teaching, administration, and career and professional development. A teacher's most important job is preparing for classes. Because teaching is a demanding profession, time management is critical. In this first of two talks, I share motivational and productivity tips which help me make it through the semester. In order to stoke and sustain motivation, working with other teachers, setting reminders, and tracking goals can help us stay on top of our many tasks. Productivity tips include organizing work carefully, as well as scheduling what tasks to work on and when to work on them. Digital productivity tools will be introduced. The talk will end with participants exchanging advice on how to be a more productive and efficient foreign language instructors.

#### 2. What can JALT do for you? What can you do for JALT?

As illustrated in the previous talk, foreign language instructors in tertiary institutions have three main demands on their time: teaching, administration, and career and professional development. In the first part of this second talk, I will address this third demand by focusing on the benefits of JALT membership, including networking opportunities, available research and conference grants, and discounts to events. In the latter part, I will answer how JALT can work for you by showing how participating in JALT can foster career development and create opportunities for professional and personal growth. Like-minded colleagues in JALT can provide accountability and support, which help us to survive—and thrive. The second talk will end with participants exchanging advice on how to derive more out of JALT membership and how to encourage colleagues to join.

Sunday, June 16, 2024 14:00-16:00

Ehime University Muse Building 2F, M215 (Johoku campus)

JALT members: free

One-day members: ¥1000

*Note: If you are planning to join online as a one-day member, please pay the fee to the following bank account:*

Shinsei bank

Account number: 400 1656054 (柳在熙 Jaehhee Ryu)

Branch: 本店 (Head office),

Account type : 普通 (Saving account)

JALT website: <https://sites.google.com/view/matsuyamajalt/>

Inquiries: Junko Yamamoto [matsuyamajaltpublicity@gmail.com](mailto:matsuyamajaltpublicity@gmail.com)

Endorsements: Matsuyama City; Matsuyama City Board of Education

### Matsuyama Toastmasters Club

Matsuyama Toastmasters Club is a non-profit, international organization for improving communication and leadership skills. We practice public speaking in English and Japanese. Visit us 3 times for free to see if Toastmasters is for you.

[www.matsuyama.toastmastersclubs.org](http://www.matsuyama.toastmastersclubs.org)

June 9 (Sun.) 13:30-15:00 at COMs

June 22 (Sat.) 19:00-20:30 on Zoom

Zoom: <https://zoom.us/j/4156790322>

### Wondering Who and How to Help ?

With the many wars and disasters that have occurred even in the past few months, it may be difficult to choose who and how to help. One idea is Doctors Without Borders. A contribution goes almost entirely to funding the activities of the medical staff and they respond to need all over the world. Check this website for more information on how you may contribute. <https://www.doctorswithoutborders.org/get-involved/ways-to-give>

The Red Cross is also a world-wide organization. Information for making a donation to the Red Cross is here:

<https://www.redcross.org/donations/ways-to-donate.html>

If you have other suggestions, please let us know.