Civil Liberties Counseling

Free paralegal counseling sessions for civil rights are sponsored by the District Legal Affairs Bureau and the Ehime Prefectural International Center (EPIC). All sessions will be strictly confidential. Place: EPIC Day/Time: 13:30-15:30 the 4th Thursday of each month. To request another time, call EPIC at 089- 917-5678. Languages: Japanese & English (For help in another language, contact EPIC by the 10th of the month.)

Free Legal Consultation Service



Certified administrative procedures legal specialists (gyouseishoshi) are offer free 30-minute consultation services to non-Japanese on various matters such as residency, nationality, marriage, owning a vehicle, contracts, and setting up a business. This service is supported by the Matsuyama International Center (MIC). Your privacy will be protected. Dates: Jan. 10, Feb. 14 (Wed.) 13:30-15:30 Place: COMS 4F International Meeting Room To make an appointment, please complete the consultation form by 4:00 pm the Sunday before. The form is available at MIC.

For more information email MIC at mail@mic.ehime.jp or call 089-943-2025.

Community Life

Community Life is a local NPO that provides legal advice and help with daily life issues for free. They will do what they can to help you solve your problem and will arrange for translation in your language, if requested. Email: <u>foreignerfriendly@gmail.com</u>



Otasukeman are ready to help you

Do you need help and some language support to go to the doctor, apply for a driver's license, or deal with official documents? Otasukeman volunteers, a service of the Matsuyama International Center, will help you if you are having trouble managing your life in Matsuyama. The service is free, but you will be expected to pay for transportation. Your privacy will be respected, and only the person who helps you will be given the details of the kind of help you need. You can request their services by calling MIC at 089-943-2025 between 9:00 and 17:30 Tuesday through Sunday. Or fill out the request form here: https://www.mic.ehime.jp/MIC/FORM/Applyform_otasukeman.html?Subject=

I%20need%20OTASUKEMAN%20!!

Yorisoi Helpline for Foreigners TEL: 0120-279-338 10:00-22:00

Are you having trouble with your visa, nationality, family issues, work, everyday life, discrimination, domestic violence, confinement or human trafficking? Call us. The service is available in English, Tagalog, Korean, Chinese, Spanish, Portuguese and Thai. Your privacy will be protected. This service is provided by the Ministry of Health, Labour and Welfare.

Japan Life Guide

The Council of Local Authorities for International Relations "Japan Life Guide" app has information for foreign residents in Japan in English, Chinese, Korean, Spanish, Portuguese, Tagalog, Vietnamese, Indonesian, Thai, German, Russian, Japanese (with Japanese syllabaries/furigana) and Simple

Japanese are available. You can use this app as an everyday guide as well as in times of disaster. http://www.clair.or.jp/e/multiculture/index.html



Matsuyama City Central Library

The Central Library in the Community Center has a large English book section. You can register for a free library card in English. The 2nd floor Audio/Visual section has movies in English. Open 9:30-20:00 Closed Jan. 1–4, 15, 22, 29 and 31. INFO 089-943-8008

The Association of Foreign Wives of Japanese

AFWJ aims to provide friendship, support and opportunities for social, emotional, educational and professional growth to non-Japanese women who are married or engaged to Japanese men. INFO: afwjshikoku-rep@afwj.org, Website: www.afwj.org