Heat Warning Index

The Japanese government uses the international Wet Bulb Globe Temperature index to provide a warning system for heat stress on the body. Temperature is not the only concern; humidity also has a strong effect. You can check the WBGT index for Ehime in English at this site: https://www.wbgt.env.go.jp/en/wbgt_data.php?region=09&prefecture=73#0. Here is what was shown for Aug. 1.

