

# Social Services and Support

## Civil Liberties Counseling

Free paralegal counseling sessions for civil rights are sponsored by the District Legal Affairs Bureau and the Ehime Prefectural International Center (EPIC). All sessions will be strictly confidential.

Place: EPIC

Day/Time: 13:30~15:30 the 4th Thursday of each month. If you cannot come at that time,

call EPIC at 089- 917-5678 to make an appointment.

Languages: Japanese & English (For help in another language, contact EPIC by the 10th of the month.)

## Free Legal Consultation Service

Certified administrative procedures legal specialists (*gyouseishoshi*) are offering free 30-minute consultation services to non-Japanese on various matters such as residency, nationality, marriage, owning a vehicle, contracts, and setting up a business.

Your privacy will be protected.

Dates: May 11, June 8 (Wed.) 13:30-15:30

Place: COMS 4F International Meeting Room

To make an appointment, please complete the consultation form by 4:00 March 6.

The form is available at the Matsuyama International Center (MIC).

For further information email the MIC at [mail@mic.chime.jp](mailto:mail@mic.chime.jp) or call 089-943-2025 for an online session.

## Free Legal Aid Services

The Japan Legal Support Center, Houterasu, offers free legal information by phone in English, Chinese, Korean, Spanish, Portuguese, Vietnamese and Tagalog, Monday to Friday from 9:00 to 17:00, but your call will be charged ¥8.5/3 minutes.

Tel: 0570-078377

## Community Life

This is a local NPO that provides legal advice and help with daily life issues for free. They will do what they can to help you solve your problem and will arrange for translation in your language if requested. Email: [foreignerfriendly@gmail.com](mailto:foreignerfriendly@gmail.com)

## Yoriso Helpline for Foreigners

0120-279-338 10:00~22:00

Are you having trouble with your visa, nationality, family issues, work, everyday life, discrimination, domestic violence, confinement or human trafficking? Call us. The service is available in English, Tagalog, Korean Chinese, Spanish, Portuguese and Thai. Your privacy will be protected.

This is a model project of the Ministry of Health, Labour and Welfare.

## The Association of Foreign Wives of Japanese

AFWJ aims to provide friendship, support and opportunities for social, emotional, educational and professional growth to non-Japanese women who are married or engaged to Japanese men.

INFO: [afwjshikoku-rep@afwj.org](mailto:afwjshikoku-rep@afwj.org), Website: [www.afwj.org](http://www.afwj.org)

# **Social Services and Support**

## **HIV Testing Services**

HIV tests are offered free at two places in Matsuyama. Privacy is insured. You are advised to take the test 3 months after you think you might have been infected. \*See the WGO? Map.

Matsuyama City Public Health Center,

Kayamachi 6-30-5

Tel. 089-911-1815 Reservation required.

Mondays 11:00~13:00, and, once a month, 18:30~ 19:30. Results are available a week later.

Ehime-ken Chuyo Public Health Center

Kita Mochida 132 (north of Higashi Police Sta.)

Tel. 909-8757 (ext. 261)

Wednesday 13:00~14:00 (Results may be available the same day.)

## Japanese Language Study

### Bancho Fukushi Center Japanese Classes

Japanese language classes are held 13:30~15:00 at the Bancho Fukushi Center on Fridays.  
Levels: Beginning and intermediate classes, and a class for the Japanese Language Proficiency Test  
Fee: ¥300/ term (Jan.~June or July~Dec.)  
INFO Ms. Shioiri TEL 089-946-0885

### Ehime JASL

A study group, Japanese as a Second Language, offers private lessons to those interested in learning Japanese.  
45-min. lesson: ¥500, 90min.: ¥1000.  
<http://ehimejasl.web.fc2.com/>  
INFO Ms. Yuriko Kida: [Yuriko.kida@ymail.plala.or.jp](mailto:Yuriko.kida@ymail.plala.or.jp)  
Tel. 090-4500-5588.

### Prep for Japanese Language Proficiency Test

Ehime Nihongo Network offers classes to prepare for the Japanese Language Proficiency Test at Matsuyama-shi Sogo Fukushi Center from 13:30 to 15:00 on Mondays.  
Fee: N1 & N2 ¥400/month  
N3~N5 ¥300/month  
INFO: Tel. 089-946-0885 (Shioiri)

### MIC Japanese Classes

Japanese language classes are offered free of charge by the Matsuyama International Center.  
We offer childcare for children over one year old, but you need to request it in advance.  
Classes are due to start up again in April. Please check the MIC website for more information.

#### Afternoon classes

Beginner I Tuesdays 13:00-14:30  
Beginner II Thursdays 13:00-14:30  
Beginner III Thursdays 14:45 – 16:15

#### Evening classes

Beginner I Tuesdays 18:30 – 20:00  
Beginner II Tuesdays 18:30 – 20:00

#### Daily Japanese – Information Plaza for Life

For those who just started studying Japanese  
10 classes: May 14 – July 16  
Saturdays (on Zoom) 13:30 – 15:30

Please adhere to the usual COVID guidelines of wearing a mask, sanitizing your hands.  
You will be asked to fill out a health check form.  
Tel: 089-943-2025, [Email: mail@mic.ehime.jp](mailto:mail@mic.ehime.jp)

### Japanese Agency for Cultural Affairs Online Japanese Language Classes

Learning contents can be chosen based on your Japanese level, the situation that interests you and keywords.

<https://tsunagarujp.bunka.go.jp/>

Languages used: English, Português, Spanish, *tiếng Việt* (Vietnamese), Bahasa Indonesia, Filipino,

नेपाली(Nepali), ភាសាខ្មែរ (Khmer), ภาษาไทย (Thai), မြန်မာစကား(Burmese), МОНГОЛ ХЭЛ (Mongolian),  
한국어 (Korean), 中文 (Chinese), 日本語 (Japanese)

More information about Japanese language study: <https://tsunagarujp.bunka.go.jp/link>

### Tsukuba University Distance Learning of Japanese and Japanese issues

For those who aim at a more advanced level of Japanese language study.  
<https://www.intersc.tsukuba.ac.jp/~kyoten/en/>

# Japanese Culture

## Nihongo Chounaikai

Hello! We are Nihongo Chounaikai. We hold regular gatherings for both Japanese and non-Japanese people to communicate and share information.

Please check our Facebook page for information about April events.

Email: [n.chounaikai@gmail.com](mailto:n.chounaikai@gmail.com) (Ayumi MIYATA)

## Taiko Lessons

Japanese drum (taiko) lessons are given Sundays from 19:00 to 21:00 at Matsuri-ya Tauchi.

The shop is located on the corner just south of the Teppocho streetcar station.

Teppocho 1-8, Matsuyama. Tel. 089-925-3591, email: [tauti@jasmine.ocn.ne.jp](mailto:tauti@jasmine.ocn.ne.jp)

## SGG Club

Goodwill Guides are volunteers who are ready to assist visitors from overseas.

Please contact us if you need guides or translators.

We can provide guides who speak English, Spanish, French, Chinese and Korean.

INFO: <http://ehimesgg.sakura.ne.jp/>

## Video helps bridge cultural gaps

In order to give Ehime residents a perspective on the kinds of things that foreign residents may have difficulty with living in Japan, the Ehime Prefecture Human Rights Education Section has created two videos. Each video is about ten minutes long.

Here are the English versions on YouTube: <https://www.youtube.com/watch?v=CWqhw49sLs>

<https://youtu.be/UfpWmWORJaM>

## General Information

### Japan Life Guide

The Council of Local Authorities for International Relations “Japan Life Guide” app has information for foreign residents in Japan in English, Chinese, Korean, Spanish, Portuguese, Tagalog, Vietnamese, Indonesian, Thai, German, Russian, Japanese (with Japanese syllabaries/furigana) and Simple Japanese are available.

You can use this app as an everyday guide as well as in times of disaster.

<http://www.clair.or.jp/e/index.html>



iOS



Android

### Catholic Mass

Mass in English is held every 2nd and 4th Sunday from 15:00 at the Catholic Church in Sanbancho (see City Center Map).

Mass may be cancelled due to the pandemic.

Tel. 089-921-1849

### Worship at the Fukuin Center

May 1, 8, 15, 22 9:00-10:45 Sunday Service

May 29 13:30-14:45 Worship in English

Matsuyama Fukuin Center, Heiwa-dori 1-6-6

Tel: 089-925-1008 <http://bit.ly/2LugPBV>

You are most welcome to our church!

Please visit our web site.



### Matsuyama Islamic Culture Center

Prayers are held 5 times every day and Islamic *dakwah* activities such as daily reading Hadist, weekly Qur'an Recitation for Adults (*Usroh*) and weekly recitation for kids (Kids Program), also Halal meat, and an Islamic book library are available. Facebook : <https://www.facebook.com/groups/matsuyamamicc>

Email: [matsuyamamuslim@gmail.com](mailto:matsuyamamuslim@gmail.com)

Contact Person: Dede Falahudin

Place: Hinode-machi 5-18, Matsuyama 790-0961

Phone: 070-4455-5864

### Matsuyama City Library

The city library in the Community Center has a large English book section.

You can register for a free library card in English.

The 2nd floor Audio/Visual section has movies in English.

Open 9:30-20:00 (the A/V section closes at 17:00.) Closed May 2, 9, 10, 11, 16, 23, 30, 31.

INFO 089-943-8008

## **In Case of Emergency:**

### **Ehime Disaster Prevention and Crisis Management**

This site has information for international residents to help deal with many kinds of emergencies, medical or natural disasters.

The information is provided in 9 languages: Japanese, English, Chinese, Korean, Indonesian, Vietnamese, Portuguese, Burmese, and Khmer. The language choices are written in Japanese. For English, click on 英語.

<https://ehime.secure.force.com>

### **Matsuyama City Disaster Prevention Portal**

This site is operated by the Matsuyama City Disaster Prevention and Crisis Management Section and will be activated when a disaster occurs. It is provided in Japanese, English, Korean and Chinese (Simplified), and Chinese (Traditional). A Twitter account and email function are included.

<https://city-matsuyama.secure.force.com>

### **Safety Tips for Disasters**

The Japan Tourism Agency (JTA) has an app “Safety tips” with nation-wide information of Earthquake Early Warnings, Tsunami Warnings, Eruption Notices, and Weather Warning in Japan. It is in English, Chinese (Simplified and Traditional), Korean and Japanese.



iOS



Android

### **Ehime Disaster Prevention and Crisis Management**

The Ehime Prefecture International Center (EPIC) has a website to help international residents when there is a natural disaster or other emergency, such as an accident or illness.

This site is available in 9 languages: Japanese, English, Chinese, Korean, Indonesian, Vietnamese, Portuguese, Burmese, and Khmer. Instructions for what to do in case of fire, earthquake or tsunami are provided. There are also useful Japanese phrases for calling a fire engine or an ambulance.

<http://www.epic.or.jp/kurasu/disaster.html>